

SYLLABUS

Title: Upper Extremity Adjusting Workshop

**Dates &
Locations:**

Instructor: Dr. Robert Fenell, DC, DICBN

CE Hours Requested: 12

I. COURSE OBJECTIVES

This program will enhance the doctor's knowledge of the issues affecting the upper extremities along with techniques that can help get the patient functioning at an optimal level. It will increase his ability to properly assess and evaluate the patient's functionality to better treat problems that affect the upper extremities.

II. COURSE OUTLINE

8:00 – 9:00 am	Definitions & Overview 1. Anatomy 2. Physiology
9:00 – 10:00 am	Initiating Treatment Assessment of issue History Taking
10:00 – 11:00 am	Pain & Symptom Management 1. Symptoms Presented 2. Evaluation & Assessment 3. Protocols for Treatment
11:00 – 12:00 pm	Assessing the Patient A. Tests B. Evaluation C. Treatment Procedures
12:00 – 1:00 pm	The Shoulders & Elbows 1. Exam and Diagnosis 2. Proper Treatment Protocols 3. Adjusting Techniques
1:00pm-2:00pm	The Hands and Wrists 1. Exam and Diagnosis 2. Proper Treatment Protocols

3. Adjusting Techniques 3. Distortions
4. Treatment & Corrections

2:00pm-3:00pm	The Ribs and Cervical Areas <ol style="list-style-type: none">1. Exam and Diagnosis2. Proper Treatment Protocols3. Adjusting Techniques
3:00pm-4:00pm	Special Adjusting Techniques for specific concerns <ol style="list-style-type: none">1. Cause & Effect2. Assessment & Protocols3. Technique Demonstrations
3:00 – 4:00 pm	Contraindications Evaluation Assessments
4:00 – 5:00 pm	Placements Protocols Pressure & thrust
5:00 – 6:00 pm	Upper Extremities <ol style="list-style-type: none">1. Indications2. History & Prevention3. Exercises and Rehabilitation
6:00 – 7:00 pm	Etiologies for special concerns
7:00 – 8:00 pm	Adjusting Demonstrations Question & Answers