



Claudia Anrig, D.C.
Instructional Syllabus

Hours 1-2: **Review of Scientific Literature**

- A. Developmental and Injury Mechanisms
- B. In-Utero Constraint
- C. Birth Trauma
- D. Post Natal Development of Spinal Asymmetry
- E. Childhood Injuries:
 - a. Motor Vehicle Injuries
 - b. Other Injuries
- F. Childhood Stressors:
 - a. Physical
 - b. Emotional
 - c. Chemical
- G. Implications of Pediatric Vertebral Subluxation Complex

(Research Trends)

Hour 3: **Documentation**

- A. Consultation and History Intake for a subluxation-based practice
- B. Chiropractic spinal examination
- C. Re-examination documentation
- D. Personal injury care for the pregnant and child patient

(Clinical Documentation and Examination Procedures)

Hours 4-5.75: **Protocol Care for the Pregnant and Child Patient**

- A. Adjusting Protocols based on the Sympathetic and Parasympathetic involvement – Gonstead system
- B. Nutritional recommendations to support patient’s needs
- C. Lifestyle management including contraindications
- D. Common Childhood Disorders
 - a. Acute Nasopharyngitis
 - b. Allergies and Sinus
 - c. Asthma
 - d. Colic
 - e. Digestive Disorders
 - f. Enuresis
 - g. Febrile Convulsions
 - h. Foot Flare
 - i. Growing Pains
 - j. Headache and Migraines
 - k. Jaundice
 - l. Otitis Media
 - m. Tonsils and Adenoids
 - n. Torticollis
 - o. Reflux

(Examination Procedures/Diagnosis and Nutrition)

Hour 5.75-7: Chiropractic Care for Pregnancy – Pre-Conception and Pre/Postnatal Care

- A. Preconception and prenatal recommendations
 - a. Clinical Review
 - b. Patient Recommendation Protocol: nutrition, exercise, stress management and biomechanical considerations to prevent and reduce subluxation patterns
- B. Chiropractic Spinal Examination: Gonstead
- C. Adapting the Chiropractic Adjustment
- D. Specific Biomechanical Considerations: Websters

(Examination Procedures and Adjustive Technique)

Hour 8: Developing the Role of Chiropractic through Community Awareness

- A. Education for midwives, doulas and other professionals in the benefits of chiropractic care for the pre/postnatal and pediatric population
- B. Communicating to school-age children the profession of chiropractic, importance of spine and nervous system function and the role of chiropractic as a healthcare provider

(Research Trends and Chiropractic Philosophy)

Hours 9-12: Adapting the Gonstead System; Neonate, Infant, Young Child

- A. Examination: all regions
 - a. Observation
 - b. Static and Motion Palpation
- B. Upper Cervical Spine: Occipito-atlantal
- C. Upper Cervical Spine: Atlanto-axial
- D. Lower Cervical Spine (C2-C7)
- E. Thoracic Spine
- F. Lumbar Spine
- G. Pelvis
 - a. Ilium
 - b. Sacrum

(Examination Procedures/Adjustive Technique)