

Title: EEG Neurofeedback and the Co-Management of Mental Health Conditions: Understanding Complimentary, Non-Drug Treatment Alternatives to the Chiropractic Practice.

Instructor: Dr. Tom Woodman

Time: 1 hour

Syllabus:

- Review of the prevalence of mental health conditions within the United States
- Neurofeedback
 - Understanding brainwaves and their function
 - Measuring brainwave patterns using the qEEG evaluation
 - Common mental health conditions from a brainwave pattern perspective
 - How Neurofeedback works
 - Review of scientific literature and case study