

Essential Oils for Pregnancy and Labor 1.0 Credit Hour(s)

Educational Objectives

- Identify safety measures involved with essential oils
- Understand the various possible reactions if safety measures are not followed properly
- Outline common methods of applications of various essential oils
- Identify the essential oils commonly used during pregnancy and labor and the uses of each
- Further identify essential oils that are contraindicated during pregnancy and labor

Format(s)

- Adobe PDF Download
Audiovisual Course