

Kinesiology Certification with Country Doctor Herbals

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Course Description: This course positions natural health practitioners to be successful in their business by providing sustainable, workable, and proven systems that position their clients to thrive. This course captures over 30,000 hours of hands-on clinical experience using Kinesiology (Muscle Testing) to evaluate clients. We have broken everything down into multiple sections covering:

- Pre-Evaluation
- Systemics
- Body Survey
- Endocrine Check
- Cardio Check
- Lymphatic Check
- Protocol Wrap-Up

We review and provide hands-on demonstrations for each section. Students then perform each section thoroughly while receiving hands-on training and refinements with fellow students.

Agenda: This course takes place over two and a half days following the outline below.

Friday

- 8:00-8:30 Tour of Country Doctor Herbals Lab
- 9:00-9:20 Introduction
- 9:20-10:50 Testability
- 10:50-11:00 Break
- 11:00-Noon Systemics
- Noon-12:30 Lunch
- 12:30-1:30 Body Survey
- 1:30-1:45 Break
- 1:45-3:50 Continue Body Survey
- 3:50-4:00 Break
- 4:00-5:00 Continue Body Survey
- 5:00-5:30 Q&A regarding the day

Saturday

- 9:00-10:00 Recap of previous day
- 10:00-10:10 Break
- 10:10-11:00 Endocrine
- 11:00-Noon Cardio
- Noon-12:30 Lunch
- 12:30-1:15 Lymph
- 1:15-1:30 Break
- 1:30-3:30 Wrap Up
- 3:30-3:45 Break
- 3:45-5:00 Put it all in ORDER.
- 5:00-5:30 Q&A regarding the day
- 6:30 Dinner at Office Bar and Grill.

Sunday

- 9:00-Noon Continue Hands on training and refinements.
- As needed Breaks

Objectives: Upon course completion, students will be able to:

- Successfully identify muscle integrity with each client.
- Determine where the stress is, what support their body needs, and how to clear it.
- Utilize CDH Support Kits to develop a Nutritional Therapy Protocol.
- Communicate with clients simply and professionally.
- Position Clients to Receive their Program of Care
- Sustain their Program Through Proper Monitoring Systems
- Develop Lasting Results Driven Outcomes