

## Extremity Symposium Outline

This is a 1-day intensive upper and lower extremity adjusting seminar where you will learn highly effective and advanced adjusting techniques that will set you apart from every other chiropractor in town. We will be discussing condition-specific protocols to help you be the best doctor you can be for your community.

Class Hours: 9:00am – 5:00pm

- I. Morning Session: 9am – 12pm
  - a. Upper Extremities
    - i. Anatomy
    - ii. Subluxation Patterns
    - iii. Conditions & protocols
    - iv. Adjusting techniques
    - v. Wrist Adjusting
    - vi. Scaphoid
    - vii. Lunate
- II. Lunch 12:00pm – 1:00pm (tentative)
- III. Afternoon session: 1pm – 5pm
  - a. Recap of morning session
  - b. Shoulder & Scapula
    - i. Anatomy
    - ii. Subluxation patterns
    - iii. Conditions & protocols
  - c. Adjusting techniques
  - d. Elbow
    - i. Anatomy
    - ii. Subluxation patterns
    - iii. Conditions & protocols
    - iv. Adjusting techniques
  - e. Lower extremities
    - i. Anatomy
    - ii. Subluxation patterns
    - iii. Conditions & Protocols
    - iv. Gait cycle
    - v. Foot & Ankle adjusting
    - vi. Calcaneus
    - vii. Talus
    - viii. Cuneiforms
    - ix. Knee, Hip (time permitting)