

Course Title: *Lower Extremity Dysfunction and LBP* (10CEUs)

Instructor: Dr. Mitch Mally, Chiropractic Physician & International Speaker

Course Objective: Learn normal vs abnormal anatomy, biomechanics and physics of various lower extremity complaints (foot/knee/hip) contributing to LBP. Often misdiagnosed, LBP can be the result of faulty foot/knee/hip biomechanics and structural leg length anomalies. Overlooked by practitioners is the true measured anatomical leg length. Dr Mally reviews the literature that dispels the myth and quandary surrounding anatomical vs functional short leg. Dr Mally also reveals his research over thousands of cases with an emphasis on congenital leg length morphology. Learn the “missing link” why many LBP sufferers outcomes are recalcitrant (chronic) from history intake, clinical examination, radiology and demonstrations. Dr. Mally discloses time-tested and proven x-ray techniques with pre-post comparative views and testimonials from a compilation of countless case studies. Also, Dr. Mally features “live” demonstrations of his authentic lower extremity manipulation techniques contributing to LBP.

Statement of Purpose: LBP accounts for a tremendous battlefield for practitioners and a field of agony for the patient, emotionally, financially and physically. This class arms the doctor with evidence-based science and research to be better equipped with proven radiologic and adjusting technique protocols to accurately assess and correct lower extremity (foot/knee/hip) causation, as well as leg length morphology contributing to LBP. Dr. Mally provides the information for precise diagnostic and delivers “live” treatment options afforded the patient.

Overview of Course: This course enhances a better understanding of presented lower extremity biomechanics, plus diagnostic and treatment options for major overlooked contributors of LBP. Additionally, Dr. Mally presents case studies discussing pre and/or post-operative arthroplasty of the knee and/or hip and its contribution to chronic LBP. Attendees implementing this powerful information and procedures can make a profound difference for otherwise untold pain and suffering. Utilizing said diagnostic and manipulation procedures can reduce chronicity and erroneous results often requiring additional care including more costly surgery, physiotherapy and rehabilitation. Attendees will learn how to prevent as well as manage after the fact additional joint replacements, revisions and sequelae that are frequented resulting in chronification of outcomes, otherwise confusing to many practitioners and ultimately affecting the patient.

Course Outline: * Note: presentation is multimedia with ppt presentations, video, and live demonstrations (10CEs)

Introduction to Foot/Knee/Hip and its Effect on LBP (1hr)

Clinical Sciences and Biomechanics (30mins)

Pathomechanics (30mins)

Lower Extremity Examination (Foot/Knee/Hip) (2hr)

X-rays & Case Studies (30mins)

Differential Diagnoses (30mins)

Live demonstrations and Technique Workshop (4hr)

Leg Length Discussion (30mins)

Q & A (30mins)