

**Course Title:** CBP Lumbar Rehab  
**Instructors:** Dr. Deed Harrison, Dr. Joe Ferrantelli, Dr. Donald Meyer, Dr. Jason Jaeger, Dr. Joe Betz  
**Course Objective:** This course provides an integrated education for the Doctor of Chiropractic in the science and art of lumbo-pelvic disorders. Detailed literature reviews covering the crisis of lumbar disorders in patient populations, the role of spinal manipulative therapy and structural correction of sagittal lumbar lordosis will be covered. The Chiropractor will learn appropriate application and timing of postural and functional correction for the lumbar spine designed to correct spinal subluxation and strengthen the lower back tissues. The Chiropractor will be introduced to 17 categories of sagittal lumbar correction and 5 methods of coronal lumbar corrections with demonstrations for structural correction of the lumbar spine.  
**Total Hours:** 15  
**Date:** May 16-17, 2025

### Friday

**2pm-4pm**

#### **Lumbar Spine adjustive correction:**

- Adjustive correction of abnormal biomechanics of lumbar spine postural displacements: disc and muscular loads leading to acceleration of lumbar degeneration and lumbar disorders,
  - A. Lumbar Lordosis
  - B. Lumbar Lordosis & Low Back Pain Syndromes,
  - C. Lumbar Lordosis & Spondylolisthesis,
  - D. Lumbar Lordosis & Degeneration of the Disc and Vertebra,

**2 Hr. CE. Adjustive Technique**

**D. Harrison**

**4pm-6pm**

#### **Correction & Abnormal Lumbar Configurations:**

- Lumbar spinal kinematics and coupling for thoraco-lumbar posture displacements:
- Double and triple combinations and their associated spinal kinematic appearance,
- Differentiating 'simple' postural displacement patterns of the spine versus complicated, injury related spine displacement types and subluxations.

**2 Hr. CE Adjustive Technique**

**D. Harrison**

**6pm-8pm**

#### **Mirror Image correction Procedures and Protocols**

- How to Progress the Patient into Lumbar Spine Traction Procedures,
- 4 Types of Lateral Lumbar postural subluxations with 17 categories of sagittal subluxations,
  1. Supine 3-Point Bending Lumbar correction: Indications & Contraindications,
  2. Standing 3-Point Bending Lumbar correction: Indications & Contraindications,
  3. Sagittal Translation correction: Indications & Contraindications,
  4. Hip Extension correction: Indications & Contraindications.

**2 Hr. CE. Adjustive Technique**

**D. Meyer**

### Saturday

**9am-11am**

#### **Correction & Abnormal Lumbar Configurations**

- Mirror image correction for thoracic postural displacements,
- Mirror image correction for pelvic postural displacements.

**2 Hr. CE. Adjustive Technique**

**J. Ferrantelli**

**11am – 1am**

#### **Practical Demonstration Set-Ups**

- Standing 3-point bending Lumbar correction method,
- Supine 3-point bending Lumbar correction method,
- Coronal & Sagittal plane trunk translation correction methods,

**2 Hr. CE. Adjustive Technique**

**J. Betz**

**1pm-2pm**

**LUNCH No CE Credits**

**2pm-3pm**

#### **Correction of the Lumbar Spine procedures and protocols**

- CBP lumbar correction procedures for lumbar lordosis in chronic low back pain:

- CBP lumbar correction in flat back syndrome (lumbar kyphosis)
- CBP lumbar correction of chronic low back pain with radiculopathy due to disc herniation's

**1 Hr. CE. Adjustive Technique**

**J. Jaeger**

**3:00pm-5:00pm Practical Demonstration Set-Ups**

- CBP lumbar correction procedures for lumbar lordosis in chronic low back pain:
- CBP lumbar correction in flat back syndrome (lumbar kyphosis)
- CBP lumbar correction of chronic low back pain with radiculopathy due to disc herniation's

**2 Hr. CE. Adjustive Technique**

**D. Harrison**

**5pm-7pm Correction of the Lumbar Spine procedures and protocols (continued)**

- CBP lumbar correction procedures for lumbar lordosis in chronic low back pain:
- CBP lumbar correction in flat back syndrome (lumbar kyphosis)
- CBP lumbar correction of chronic low back pain with radiculopathy due to disc herniation's

**2 Hr. CE. Adjustive Technique**

**D. Harrison**