

## Tethered Oral Tissues-

### Myths, Facts and Best Care Practices

- I. Introduction and establishment of the main premise
- II. Specific cranial/spinal and muscular infant anatomy involved in feeding function
- III. Description of the lingual frenulum
- IV. Description of various types of tethered oral tissues (i.e. lip, cheek, tongue)
- V. Different grades of “posterior ties” and research showing fallacy of the system
- VI. Research paper review- Academy of Breastfeeding Medicine position statement on ankyloglossia
- VII. Research paper review- normal variants of oral tissues, embryological origins of different tissues and position on incorrect nomenclature related to oral tissues
- VIII. Risks involved with the surgical release of restricted oral tissues
- IX. Clarification of genetic vs. neuro-biomechanical causes of TOTs
- X. The scope of the Chiropractor in regard to diagnosis and care of TOTs
- XI. Possible long-term effects of TOTs beyond feeding
- XII. Best care collaboration of care providers