

Course Syllabus

The Truth About Gluten

COURSE OBJECTIVE

To show the truth about gluten and its manifestations on the body.

STATEMENT OF PURPOSE

The purpose of this course is to aid the Chiropractic Profession by providing Chiropractors with instruction necessary to understand how gluten affects the various systems of the body including gastrointestinal, immune and brain systems.

OVERVIEW OF COURSE

This course will differentiate the different gluten related disorders including celiac disease, gluten sensitivity, and gluten intolerance and the best ways to diagnose and treat these conditions.

COURSE OUTLINE

HOUR 1

What is gluten and prolamins.
Difference between whole and refined grains.
Celiac disease and gluten sensitivity.
Zonulin and its role on leaky gut and its relation to gluten.
Causes of increased gluten related disorders.
Proper gluten-free dieting.