Zone Technique Course Description:

History, Rapport Building, Analysis, Principles of Healing, Adjustive Technique, Integration

Overview:

The purpose of this program is to teach chiropractors an efficient and dynamic way to achieve healing results at the highest level by creating strong patient rapport, a reproduceable physical analysis and specific chiropractic adjustments. Emphasis will be placed on understanding the techniques physical analysis in correlation with the verbiage to logically articulate the findings and then make the physical correction. An introduction to the technique, it's history, analysis, diagnosis and correction will all be discussed and demonstrated. Questions are highly encouraged throughout the program as the techniques founder, Dr. Peter Goldman, will be the instructor.

Objectives:

By the end of the program the attendee will be able to:

- -Understand the History of Zone Therapy created by Dr Thurman Fleet, how it impacted the Chiropractic Profession & influenced Dr Peter Goldman, the founder of Zone Technique
- -Building rapport at the highest level by using verbal cues and physical gestures to create fascination and agreement
- -Perform physical patient assessment including the palpation points, their location and what systems they represent in correlation with the associated vertebral levels to adjust
- -Integrate Zone Technique into their practice without disrupting established protocols

Course Outline:

This 8-hour hands on seminar taught by the Founder of Zone Technique, Dr Peter Goldman, will give a broad overview of the history, analysis, verbiage and adjusting protocol taught in the Zone School of Healing.

- **8-9:30 AM:** The history and impact of Dr Thurman Fleet's Zone Therapy on the Chiropractic Profession and how Dr Goldman has revolutionized the technique by modern day standards.
- **9:30-11 AM:** How true healing works; building rapport at the highest level by using the Principles of Healing to build fascination and agreement with your patient base.
- **11-12PM:** Physical Analysis Part I; demonstrating the Zone palpation points and their correlation with the bodies six governing systems.

12-1PM: Lunch

- **1-2:30PM:** Physical Analysis Part II; learning in more depth about the bodies six governing systems and their vertebral correlations with hands-on demonstrations performed by Dr Goldman.
- **2:30-3:30PM:** Q&A; Doctor to Doctor demonstration of palpation points, vertebral correlation and corrective adjusting techniques.

3:30-4:30PM: How to successfully integrate Zone Technique into practice without disrupting current protocols. This includes documentation, patient flow and recommendations for care.

4:30-5PM: Wrap up, final Q&A, brief explanation of the Zone School of Healing membership, curriculum, and certification.