

Title: Dry Needling: What's the Point?

Presenter: Susan Falsone, PT, ATC

Description: In this presentation for both the novice and experienced needler, the learner will learn how to use needles to manage pain, inflammation and how to effect the peripheral and central nervous system. Physiological and neurological considerations will be emphasized for better decision making on needle application. Contraindications, adverse events, and safety issues will also be addressed.

Outline:

1. History of Dry Needling and its presences within Traditional Acupuncture
2. Review of the Pentamodal Method
  - a. Dr. Dung's Primary Passive Trigger Points
  - b. Dr. Gunn's Central Stimulation
  - c. Stecco's Fascial Manipulation as it relates to Dry Needling
  - d. Altering Afferent Input
  - e. Local effects and techniques at soft tissue and bone
3. Contraindications and Precautions
4. Adverse Events