

Getting "Back" in Action: Clinical Guidelines for Safe Return to Work After Spinal Related Injuries

Speaker:

Theresa A. Schmidt, PT, DPT, MS, OCS, LMT, CEAS

Duration:

2 Hours

Product Code:

LWC065560

Brochure Code:

PWZ93484

Media Type:

Live Webinar - **Also available:** Digital Seminar

Dates

Mon, May 12, 2025 - 10:00am to 12:00pm CDT

\$129.99 - Standard

Recording Package - Get unlimited access to the full recording! What's this?

~~\$129.99~~ **\$49.99** - Exclusive offer when combined with this live training.

\$59.99 - Additional Participant CE Test What's this?

Description

From job-specific ergonomics to return-to-work screenings, rehab professionals often struggle with the complexities of getting clients back to work after low back and spinal injuries.

Without focused training, it's challenging to select the appropriate outcome measures, apply clinical-practice guidelines, and design return-to-work programs that ensure lasting recovery. This often leads to delayed return to work timelines, re-injury, and diminished worker confidence.

In this webinar, you'll learn how to solve these problems with clear, easy and actionable assessment strategies. Learn the best practices for outcome measures, from disability questionnaires like the Oswestry and Quebec inventories to physical capacity tests and movement quality screenings.

You'll gain expert insights on return-to-work programs designed to support faster, safer recoveries and keep workers on the job post-rehab.

Secure your spot today!

Credit

Planning Committee Disclosure - Relevant relationships

Mitch Hauschildt receives a speaking honorarium from RockTape USA, Trigger Point, and TRX. He is a content contributor for Titan Nutrition. All relevant financial relationships with an ineligible company have been mitigated.

Dr. Danny Porcelli is an independent contractor presenter with RockTape USA. His relevant financial relationship with an ineligible company has been mitigated.

All other members of the PESI, Inc. planning committee have provided disclosures of financial relationships with ineligible organizations and any relevant non-financial relationships prior to planning content for this activity. None of the remaining committee members had relevant financial relationships with ineligible companies or other potentially biasing relationships to disclose to learners. For speaker disclosures, please see the faculty biography.

Search:

*** Credit Note - ***

NOTE: Each purchase includes CE credit for one individual (participants in full attendance will be able to print the certificate of completion after passing the online post-test (80% passing score) and completing the evaluation). Instructional methods will include PowerPoint, didactic lecture, Q&A, and others.

Continuing Education Information: Credits listed below are for full attendance at the live, interactive webinar only. This webinar is being broadcast live in real-time and must be attended live, in its entirety, in order to earn credit. You will be able to type questions to the speaker. The speaker will see the questions and address them during the presentation as time allows. Please note, your state licensing board dictates whether web-based activities are an acceptable form of continuing education, as well as which credit types are acceptable for continuing education hours. Please refer to your state rules and regulations. If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, please contact info@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of your profession. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

For Planning Committee disclosures, please see the statement above. For speaker disclosures, please see the faculty biography.

*** Credit Note - ---**

Earn up to 2.0 CE hours. Please see below, for more details, as credit amounts vary by state and profession.

Physical Therapists - Physical Therapists & Physical Therapist Assistants

This activity consists of 2.0 clock hours of instruction that is applicable for physical therapists. This certificate is proof of your attendance. Please retain it in your records or use for submission as proof of completion when required.

Physical Therapists - Georgia Physical Therapists & Physical Therapist Assistants

This program is designed to meet the continuing education requirements for Physical Therapists and Physical Therapists Assistants in the state of Georgia. Each licensee is responsible for taking courses which relate to the practice of physical therapy and are beyond the licensee's present level of knowledge and competence. Licensees must keep CE documentation in case of an audit. This intermediate level activity consists of 2.0 clock hours of instruction.

Physical Therapists - Alaska Physical Therapists & Physical Therapist Assistants

CE credit is available. This course consists of 2.0 continuing education credit hours for Alaska Physical Therapists. The Board Rule 12 AAC 54.420 confirms acceptance of continuing education programs that are recognized by other state physical therapy licensing boards. PESI, Inc. is recognized by the Physical Therapy Board of California as an approval agency to approve providers.

Physical Therapists - Arizona Physical Therapists & Physical Therapist Assistants

CE credit is available. The Arizona State Board of Physical Therapy recognizes continuing competence activities that have been approved by any state PT association or national medical/health care association (e.g., AOTA, ASHA). This activity consists of 2.0 clock hours of instruction applicable for physical therapists.

Physical Therapists - California Physical Therapists & Physical Therapist Assistants



PESI, Inc. is recognized by the Physical Therapy Board of California as an approval agency to approve providers. This course will qualify for 2.0 continuing competency hours.

Physical Therapists - Hawaii Physical Therapists & Physical Therapist Assistants

CE credit is available. This course consists of 2.0 continuing education credit hours for Hawaii Physical Therapists. The Continuing Competence Requirements Under HRS Chapter 461J-10.13 for Hawaii Licensed Physical Therapists part III. A. 3. confirms acceptance of continuing education programs that are recognized by other state physical therapy licensing boards. PESI, Inc. is recognized by the Physical Therapy Board of California as an approval agency to approve providers.

Physical Therapists - Illinois Physical Therapists & Physical Therapist Assistants

PESI, Inc. is a Registered Physical Therapy Continuing Education Sponsor through the State of Illinois Department of Financial and Professional Regulation, Division of Professional Regulation. License #: 216.000270. This course qualifies for 2.0 CE Credit Hours.

Physical Therapists - Kentucky Physical Therapists & Physical Therapist Assistants

CE credit is available. This course consists of 2.0 continuing education credit hours for Kentucky Physical Therapists. The rule under 201 KAR 22:045, Section 2, (2)(a) states that category I continued competency credits can be earned from providers approved by another physical therapy licensing agency. PESI, Inc. is a Registered Physical Therapy Continuing Education Sponsor through the State of Illinois Department of Financial and Professional Regulation, Division of

Professional Regulation. License #: 216.000270. Participants must attend at least three (3) contact hours to receive Category I credit. Participants who complete less than three (3) contact hours will receive Category II credit.

Physical Therapists - Michigan Physical Therapists & Physical Therapist Assistants

CE credit is available. This activity consists of 2.0 continuing education credit hours for Michigan Physical Therapists. Regulation R. 338.7163 states the Michigan Board of Physical Therapy accepts continuing education if it is approved by another state board of physical therapy. PESI, Inc. is a Registered Physical Therapy Continuing Education Sponsor through the State of Illinois Department of Financial and Professional Regulation, Division of Professional Regulation. License #: 216.000270.

Physical Therapists - New York Physical Therapists & Physical Therapist Assistants

PESI, Inc. is recognized by the New York State Education Department, State Board for Physical Therapy as an approved provider for physical therapy and physical therapy assistant continuing education. This course qualifies for 2.4 contact hours.

Physical Therapists - North Carolina Physical Therapists & Physical Therapist Assistants

PESI, Inc. is an approved provider with the Illinois Division of Professional Regulation, Provider Number: 216.000270. This intermediate course is approved by the North Carolina Board of Physical Therapy Examiners by virtue of PESI Inc. approved provider status with the Illinois Division of Professional Regulation. This course qualifies for 2.0 continuing education hours.

Physical Therapists - Oklahoma Physical Therapists, Physical Therapist Assistants

CE credit is available. This course consists of 2.0 continuing education credit hours for Oklahoma Physical Therapists. Oklahoma Administrative Code 435:20-9-3.1 confirms acceptance of continuing education programs offered by providers approved by other state physical therapy licensing boards. PESI, Inc. is a Registered Physical Therapy Continuing Education Sponsor through the State of Illinois Department of Financial and Professional Regulation, Division of Professional Regulation. License #: 216.000270.

Physical Therapists - Pennsylvania Physical Therapists and Assistants

The Pennsylvania State Board of Physical Therapy recognizes approval by all other state boards. This activity consists of 2.0 clock hours of instruction that is applicable for physical therapists.

Physical Therapists - Tennessee Physical Therapists & Physical Therapist Assistants

CE credit is available. This activity consists of 2.0 continuing education credit hours for Tennessee Physical Therapists. Rule 1150-01-.12(5)(d) states the Tennessee Board of Physical Therapy accepts continuing education if it is approved by another state board of physical therapy. PESI, Inc. is recognized by the New York State Education Department, State Board for Physical Therapy as an approved provider for physical therapy continuing education.

Physical Therapists - Texas Physical Therapists & Physical Therapist Assistants

This activity is provided by the Texas Board of Physical Therapy Examiners Accredited Provider #2706032TX and meets continuing competence requirements for physical therapist and physical therapist assistant licensure renewal in Texas. Instructional Level: Intermediate. This activity will provide 2.0 CCUs. The assignment of Texas PT CCUs does not imply endorsement of specific course content, products, or clinical procedures by TPTA or TBPTE. Full attendance is required; no partial credits will be offered for partial attendance.

Physical Therapists - Utah Physical Therapists & Physical Therapist Assistants

This course is designed to meet the Utah DOPL Rule R156-24b-303b.2.c.iv - A commercial continuing education provider providing a course related to the practice of physical therapy. Please retain a copy of the advertising brochure and your certificate of completion to provide to your board should this be requested of you. This activity consists of 2.0 clock hours of continuing education instruction.

Physical Therapists - Vermont Physical Therapists & Physical Therapist Assistants

CE credit is available. This course consists of 2.0 continuing education credit hours for Vermont Physical Therapists. The Board confirms acceptance of continuing education programs that are recognized by other state physical therapy licensing boards. PESI, Inc. is a Registered Physical Therapy Continuing Education Sponsor through the State of Illinois Department of Financial and Professional Regulation, Division of Professional Regulation. License #: 216.000270.

Physical Therapists - Virginia Physical Therapists & Physical Therapy Assistants

CE credit is available. This course consists of 2.0 continued competency credit hours for Virginia Physical Therapists and Physical Therapy Assistants. Regulation 18VAC112-20-131, Section B, (1)(c) states that type 1 continued competency credits can be earned by attending courses that are directly related to the clinical practice of physical therapy and have been approved by local, state, or federal government agencies. PESI, Inc. is a Registered Physical Therapy Continuing Education Sponsor through the State of Illinois Department of Financial and Professional Regulation, Division of Professional Regulation. License #: 216.000270.

Chiropractors - Chiropractors



PESI is recognized by the PACE program of the Federation of Chiropractic Licensing Boards. This activity consists of 2.0 CE hours of instruction in the following subjects: Biomechanics (.25hrs); Documentation (.5hrs); History and Exam (.5hrs); Personal Injury (1.0hr) . Approval #93484PWZ. No more than 2.0 total CE hours may be earned for this activity.

For a list of boards that accept PACE courses, please visit this website: <https://pacex.fclb.org/pages/BoardRequirements.php>

**Please note that Chiropractors and/or Chiropractor Assistants must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to PACE. Participation cannot be reported without a completed post-test and evaluation.

Athletic Trainers - Athletic Trainers

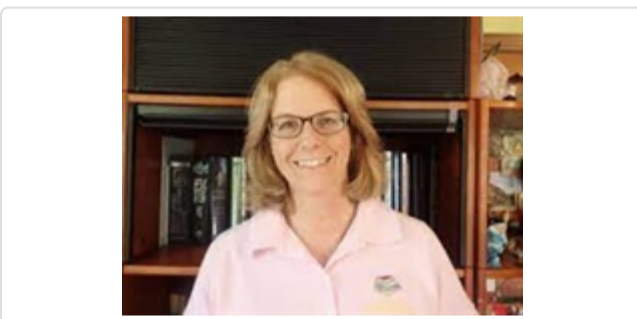


PESI, Inc. is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program has been approved for a maximum of 2.0 hours of Category A continuing education.

Other Professions

This activity qualifies for 120 continuing education minutes as required by many national, state and local licensing boards and professional organizations. Save your activity advertisement and certificate of completion, and contact your own board or organization for specific requirements.

Speaker



Theresa A. Schmidt, PT, DPT, MS, OCS, LMT, CEAS

Related seminars and products

Educise PC

Dr. Theresa Schmidt is an orthopedic physical therapy specialist and massage therapist integrating traditional and alternative medicine with emphasis on manual therapy, precision exercise, wellness, Reiki, and mindfulness. She presented for NASA/Inomedic, Johns Hopkins, Cleveland Clinic, Vanderbilt Med, Wake Med, and professional associations. She received her doctorate at UNE and served as faculty at Touro PT Programs and CUNY Queens Colleges in NY. She is a published author, Expert Consultant, Reiki Master Instructor, and integrative clinician in private practice at Educise® in New Hampshire. Her website is www.educise.com.

Speaker Disclosures:

Financial: Theresa Schmidt has employment relationships with Educise PC and United States Department of Veterans Affairs. She receives a speaking honorarium, recording royalties, and a consulting fee from PESI, Inc. She has no relevant financial relationships with ineligible organizations.

Non-financial: Theresa Schmidt is a member of American Physical therapy Association, the Academy of Orthopedic Physical Therapy, and the American Massage Therapy Association.

Additional Info

Access Period for Live Webcast

For live CE credit, you must watch the live webcast in its entirety at its scheduled time and complete the CE quiz and evaluation within one week. You will have access for 90 days after the program for review.

Webcast Schedule

Please note: A more detailed schedule is available upon request.

Questions?

Visit our FAQ page at www.pesi.com/faq or contact us at www.pesi.com/info

Objectives

1. Determine best practices for outcome measure for work-related low back pain.
2. Utilize clinical practice guidelines for low back pain to improve participation in daily activities.
3. Examine considerations for return to work program design for workers with low back pain.

Outline

Hour 1

- Outcomes for work-related low back pain, including return to work screening, disability questionnaires, (Oswestry, Rowland Morris, Quebec Inventory) physical capacity/job testing tasks, movement quality screening, and ergonomic considerations

Hour 2

- Application of clinical practice guidelines for low back pain
- Considerations for return-to-work program design for workers with low back pain and the value of post-rehab training

Key Training Highlights:

Maneuver Complex Injuries with Confidence - Learn the unique risk factors and psychosocial barriers of work-induced low back injuries, ensuring enhanced outcomes and quicker return-to-work timelines.

Select Appropriate Outcome Measures - Dive into disability questionnaires, job-specific physical test, and ergonomic screenings to deliver precise goals and functional expectations.

Employ Evidence-Based Methods - Use updated clinical practice guidelines and functional measures to craft smarter worker rehab programs.

Document Outcomes with Precision - confidently make recommendations for appropriate return-to-work schedules for individuals with low back injury.

Target Audience

- Physical Therapists
- Physical Therapist Assistants
- Occupational Therapists
- Occupational Therapy Assistants
- Massage Therapists
- Athletic Trainers
- Chiropractors
- Fitness Professionals

Reviews

This product has not yet been rated